

HEALTH EDUCATION

The Perry Board of Education recognizes that student health and success in school are interrelated. Schools cannot achieve their primary mission of education if students (*and staff*) are not healthy and fit physically, mentally, and socially. As new health issues arise, a comprehensive health curriculum becomes increasingly difficult to develop. The board of education believes that the best it can do for students is to present them with a wide spectrum of health information, delivered in different aspects throughout the instructional program. In order to play a proactive role in preventing disabling chronic health conditions, unnecessary injury and disease; to help students learn to take responsibility for their own health; and to adopt health-enhancing attitudes and behaviors, the district shall adopt a comprehensive health education program consistent with the requirements of state and federal law.

The concepts addressed in the health curriculum will be: mental health, human relations, and values awareness; personal health, fitness, and dental health; the body, human growth, and development; nutrition; family and consumer health; prevention and control of disease; health services and medical advances; drugs, including alcohol and tobacco; community and environmental health; safety and first aid; and health career awareness and exploration.

It is the intent of the board that the district's program be designed in response to demonstrated community needs; be based on models that demonstrate evidence of effectiveness; emphasize a positive youth development approach; and respond to district families' needs and preferences. The school health program shall be designed to incorporate the following:

1. A school environment that is safe; that is physically, socially, and psychologically healthful; and that promotes health-enhancing behaviors;
2. A sequential, age-appropriate health education, physical education, and nutrition instruction curriculum provided in pre-kindergarten through grade 12, and that is designed to motivate and help students maintain and improve their health, prevent disease, and avoid health-related risk behaviors;
3. Food services activities that are coordinated with the district's nutrition education curriculum;
4. School health services activities that are designed to ensure access and/or referral to primary health care services, foster appropriate use of health care services, prevent and control communicable disease and other health problems, and provide emergency care for illness or injury;
5. Counseling, psychological, and social services activities that are designed to ensure access and/or referral to assessments, interventions, and other services for students' mental, emotional, and social health; and
6. Integrated family and community involvement activities that are designed to engage families as active participants in their student's education, that support the ability of families to support students' school achievement, and that encourage collaboration with community resources and services to respond more effectively to the health-related needs of students; and opportunities for school staff to improve their health status through activities such as health assessments, health education, health-related fitness, and similar activities.

The superintendent will develop administrative regulations as needed for the implementation of this policy, including specific provisions for the responsibilities of staff under the district's program and for evaluation of each component of the district's health program on an annual basis.

HEALTH EDUCATION (Cont.)

REFERENCE: 70 O.S. §1-107
70 O.S. §11-103

CROSS-REFERENCE: Policy BDFB, Healthy and Fit School Advisory Committee
Policy BDFC, Safe School Committee
Policy BDFD, Healthy and Fit School Advisory Committee/Safe School Committee
Policy FFA, Health: Students