

CONCUSSION AND HEAD INJURY POLICY

In compliance with Oklahoma Statute Section 24-155 of Title 70, the requirements for Concussion and Head Injury Awareness and Management are:

1. An acknowledgement statement from student-athlete and parent/guardian must be on file annually with the school district prior to the beginning of the athlete's practice/competition.
2. Athletes who are suspected of sustaining a concussion or head injury during practice or a game must be removed from participation at that time.
3. The following is a list of Licensed Health Care Providers.

Medical Doctors (M.D.)

Doctor of Osteopathy (D.O.)

Advanced Registered Nurse Practitioner (A.R.N.P.)

Physicians Assistant (P.A.)

Licensed Certified Athletic Trainer (AT/L)

4. An athlete who has been removed from participation may not participate until the athlete is evaluated by a licensed health care provider trained in the evaluation and management of concussion and receives "WRITTEN CLEARANCE" to return to participation from that licensed health care provider.

RECOMMENDATIONS

1. All district coaches view the 20-minute free video "Concussion in Sports: What You Need to Know" at the National Federation website at www.nfhslearn.com and that documentation of viewing be kept on file in the district.
2. Set forth policy and procedures for a step by step process for student-athletes that have been determined to suffer a concussion or head injury.
3. Set forth a policy and procedures for a step by step process for student-athletes that have been determined to suffer a concussion or a head injury in order to facilitate the student-athletes safe return to practice and/or participation in competitive sports.
4. Provide relevant information to all staff on where information on concussion and head injuries can be found on the OSSAA website at www.ossaa.com, the National Federation of State High School Associations website at www.nfhs.org, the Oklahoma Athletic Trainers Association website at www.oata.net and the Center for Disease Control website at www.cdc.gov/TraumaticBraininjury.